



Please visit the [Wisconsin Childhood Communicable Disease Flowchart](#) to review guidelines for a specific illness that your child may have been diagnosed with.

As a general rule, your child is too ill to go to school if they have:

- **Vomited** due to illness (may return to school after 24 hours without any episodes of vomiting)
- **Diarrhea** related to illness (may return to school after 48 hours without any episodes of diarrhea)
- **Shortness of breath** or **wheezing**
- Coughing **that disrupts normal activity** and over the counter medication such as cough drops or cough medicine is not helping (mild coughing is still okay since this may persist for weeks following illness)
- **Distracting pain** from an earache, headache, sore throat or recent injury and over the counter medication such as tylenol, ibuprofen, or cough drops are not helping
- A **fever above 100F** (may return to school after being fever free without the use of medication for 24 hours)
- **Sore throat with a fever**

Reminders:

- Please do not send your child to school with the above symptoms. The health office will not be excusing children that come to school with these symptoms upon arrival or if your child is requesting to go home within the first one hour of school due to illness.
- School is a child's work. If your child is absent often, it may be harder for them to keep up with the class. Students with mild illness symptoms are often not contagious and do not automatically need to miss school.
- Ask your child's primary provider or school nurse if you are not sure about keeping your child home from school.
- Please report any absences to the Welcome Center. **Keep in mind that a student is only allowed 10 parent-excused absences for the school year.**
- If a student comes to the health office 2 or more times in one day, a parent/guardian will always be notified. Many times when students visit the health office with a problem, it does not warrant going home immediately. We ask them to try water, rest, snack, bathroom, and come back if it does not help or gets worse. On the second visit, we will always notify a parent/guardian.
- Students who are asking to go home ill or injured should be calling from a school phone with the school nurse or a staff member. If you ever hear from your child from their personal cell phone requesting to go home, please contact the school for clarification (608-297-7617, x159).